



## CEO'S MESSAGE

Dear Partners, Supporters, and Friends,

The first quarter of 2025 has been a remarkable journey marked by environmental stewardship, educational progress, and community-centered healthcare. Our young learners stepped forward as environmental leaders, echoing the global call of 'Our Power, Our Planet,' while our healthcare teams expanded essential services to marginalized communities.

As we step into the next phase of our mission — including scaling Gyanshala to new villages and advancing preventive healthcare — I am deeply grateful for the trust and unwavering support of our donors, partners, and field teams. Together, we are nurturing informed, resilient, and compassionate communities that are ready to shape a brighter future.

Let us continue this journey of empowerment and inclusion with renewed energy and hope.

Warmly,

**Alokananda Chatterjee**

CEO, E&H Foundation

## FEATURE: YOUNG ENVIRONMENTAL CHAMPIONS



Leading up to Earth Day 2025, the young learners at our educational centers in Farrukhabad, Uttar Pradesh, embraced their role as environmental stewards with remarkable enthusiasm. Drawing inspiration from the global theme 'Our Power, Our Planet,' these young champions actively engaged in initiatives aimed at building a more sustainable future.

Driven by a shared commitment to improving their surroundings, the children participated in a meaningful tree plantation drive. They also practiced water conservation methods through workshops and daily habits, helping them understand responsible usage and how small, consistent actions can collectively create significant impact.

These hands-on experiences inspired the wider community and reinforced the Foundation's commitment to environmental education and sustainability.

## SCALING UP EDUCATION & HEALTHCARE

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Building on the progress made in previous quarters, the Foundation continues to strengthen and expand its reach across both education and healthcare initiatives. We are scaling our foundation beneficiary in the terms of Education by expanding Gyanshala to **10 new villages in 2025**, thereby extending access to quality learning environments for more children.

In Healthcare, **Phase 2 of the Farrukhabad initiative begins in April 2025**, marking the next step in deepening preventive healthcare services and improving accessibility for underserved communities. These efforts reflect our continued commitment to creating sustainable impact through integrated and community-focused interventions.

## IMPACT STORIES

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### Education: Anamta's Journey

Anamta, one of the students of the E&H Foundation, has shown exceptional growth and promise over the academic years 2022–23, 2023–24, and 2024–25. Studying at Gyan Shala, she has emerged as a dedicated learner with strong curiosity and a desire to improve. She has made notable progress in English and Environmental Studies, with significantly improved communication skills in both writing and speaking.

Teachers highlight her consistent participation in class discussions, her eagerness to ask questions, and her ability to think critically. Her mathematics skills have also improved, allowing her to solve problems with greater accuracy and confidence. Her journey reflects the impact of quality education made possible through the support of Mr. Khanna.



### Healthcare: Bhawar Singh's Recovery

Bhawar Singh, a resident of Pilkhana village in Nawabganj, Farrukhabad, had been facing serious health challenges due to poor eyesight. His situation changed when he learned about a free health camp organized in his village.

At the camp, he underwent a comprehensive health check-up including blood pressure, blood sugar, and eye examinations. Doctors identified weak near vision and high blood pressure and advised him to use corrective glasses and monitor his condition regularly. For the first time, he received clarity about his health and guidance for improvement. With this support, he has begun taking better care of himself and now encourages others in his community to attend such camps.



## KEY MILESTONE: LAUNCH OF PREVENTIVE HEALTH PROGRAM

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**Date:** 21 January 2025 | **Location:** Mohalla Garhi Kidvai Nagar, Shamshabad

In a significant step toward improving healthcare accessibility, the E&H Foundation launched the Comprehensive Preventive Healthcare Program. The program was inaugurated in the presence of Mr. Avdesh Rajpoot (CSC Shamshabad) and Smt. Renu Tripathi (Gramin Uthyan Samiti), reflecting a collaborative effort between institutional and community stakeholders.

The initiative focuses on improving community health through routine check-ups, basic diagnostic services, and awareness on preventive care. On the very first day, **58 community members registered**, indicating strong local engagement and trust in the initiative.



## MISSION 100,000: POWERING EDUCATION FOR ALL

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Throughout the quarter, the organization continued to advance its mission of providing quality education to underserved communities, with a strong focus on empowering girls and supporting first-generation learners. Across Uttar Pradesh and Bihar, efforts were directed toward ensuring consistent access to education and improving learning outcomes.

Students benefited from regular attendance in community learning centers, access to quality learning materials, and mentorship support. In addition, opportunities for holistic development were provided through co-curricular activities that encouraged confidence and creativity.

These efforts are aligned with the Foundation's long-term vision of empowering 100,000 children by 2030.

## CULTURAL CELEBRATIONS

### Lohri (13 Jan) & Makar Sankranti (14 Jan 2025) — Harvesting Hope



The harvest festivals were celebrated with warmth and joy, bringing communities together in a vibrant atmosphere. Bonfires lit up the evenings as families gathered to share stories and laughter, while colorful kites filled the skies, symbolizing hope and new beginnings. The celebrations were enriched with traditional sesame sweets and lively local markets showcasing fresh produce, including contributions from women-led self-help groups.



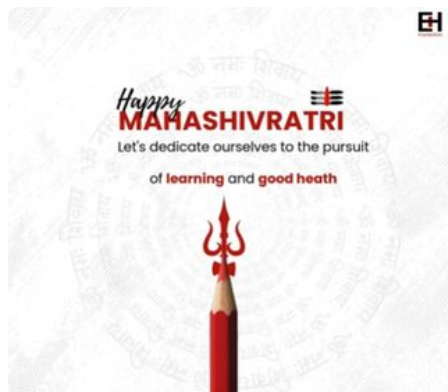
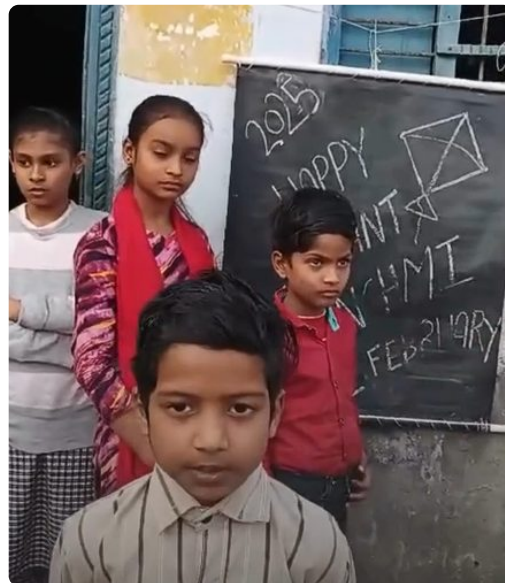
### Republic Day (26 January)

The celebration began with the hoisting of the national flag, followed by patriotic songs that instilled a strong sense of pride and unity. Students delivered thoughtful speeches reflecting on the values of democracy, unity, and the role of education in shaping a progressive society. The event encouraged a deeper understanding of civic responsibility and national identity among young learners.

## CULTURAL CELEBRATIONS (CONTINUED)

### Basant Panchami (3 February)

The festival dedicated to Maa Saraswati was celebrated through a series of art and music activities. These celebrations brought together cultural traditions and the spirit of learning, creating an environment that honored knowledge, creativity, and self-expression. The activities provided students with an opportunity to connect with cultural heritage while celebrating the importance of education.



### Mahashivratri (1 March 2025)

Mahashivratri was observed with devotion and spiritual engagement across the Foundation. The celebration included prayers, chanting of mantras, and offerings to Lord Shiva, fostering a sense of peace, unity, and reflection among participants. The occasion created a meaningful and calming experience for the community.

### International Women's Day (8 March)

The day was dedicated to celebrating the strength and leadership of women within the E&H Foundation. It highlighted the contributions of women driving the organization's mission forward and reinforced the importance of inclusion and empowerment. The celebration served as a reminder of the need to continue creating opportunities for every girl and woman to thrive.



## CULTURAL CELEBRATIONS (CONTINUED)



### World Water Day (22 March)

World Water Day was marked through engaging activities across learning centers, including mini-rallies and demonstration projects focused on water conservation. These initiatives encouraged students and communities to understand the importance of responsible water usage and sustainable practices. Through practical demonstrations and participation, students were empowered to adopt and promote water-saving habits in their daily lives.

### Ramadan — Community Iftars

The holy month of Ramadan was observed with a focus on reflection, compassion, and community bonding. The occasion encouraged values of patience, gratitude, and generosity, bringing people together in a spirit of unity and shared purpose. The celebrations reinforced the importance of empathy and collective wellbeing within the community.



### Holi (14 March) — Colours of Inclusion



Holi was celebrated as a festival of joy, togetherness, and inclusivity. The vibrant spirit of the festival brought communities together, reflecting the Foundation's commitment to ensuring access to healthcare and education for all. The celebration emphasized unity and the importance of creating opportunities for every individual to thrive.



### Eid al-Fitr (30 March 2025)

Eid al-Fitr was observed as a moment of gratitude, reflection, and giving. While celebrating with loved ones, the occasion also served as a reminder of the importance of extending support and opportunities to children who are still waiting for access to education and a better future.

## STAFF HIGHLIGHTS



**Dr. Anupam Singh — Medical Consultant**

Dr. Anupam joined the team as a Medical Consultant on 21 January 2025, strengthening the Foundation’s medical expertise and supporting the delivery of quality healthcare services. His role is crucial in guiding clinical interventions, ensuring accurate diagnosis, and enhancing the effectiveness of health programs.



**Hilal Hussain — Community Resource Person**

Hilal Hussain joined as a Community Resource Person on 1 March 2025. His role focuses on strengthening community engagement, facilitating outreach activities, and building stronger connections between the Foundation and the communities it serves. These additions reflect the Foundation’s continued investment in building a dedicated and capable team.

## BY THE NUMBERS

**2,500+**

Students Reached (Q4 2024)

**85%**

Attendance Rate

**8,000+**

Health Screenings

**1,200+**

Enrolled in Govt Schemes

**Q1 2025 Targets:** Reach 3,000 students through 10 new centers; conduct 15,000 screenings under Phase 1; facilitate 5,000 referrals.

## WAY FORWARD

The upcoming phase will focus on launching summer learning modules to enhance student engagement, building new partnerships in education and preventive healthcare, and scaling the preventive healthcare initiative to reach remote rural areas of Shamshabad and Nawabganj blocks.

In the next quarter (April–June 2025), the E&H Foundation aims to conduct approximately **45 outreach camps** and reach over **4,000 beneficiaries**.

## CREATIVE CORNER

Students of the E&H Foundation showcased their artistic talents through a range of creative expressions — drawings and paintings inspired by various festivals and special occasions.



## SUPPORT OUR CAMPAIGNS

Both campaigns are live — your support directly funds healthcare and education for the communities we serve.

### • LIVE Healthcare Campaign

*"Because illness should never be a life sentence"*

[Donate Now](#)

### • LIVE Education Campaign

*"Don't let their story end here"*

[Donate Now](#)

## Support Our Mission

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## CONNECT WITH US

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