



MESSAGE FROM THE CEO

Dear Friends and Supporters,

The months of April to June 2025 have been a season of action, empathy, and empowerment at E&H Foundation. Our mission — to make healthcare and education accessible, affordable, and inclusive — has gained even greater momentum.

With every health camp, every smile restored, and every life touched, we're proving that when communities unite around compassion and equity, transformation becomes inevitable. This quarter, we celebrate milestones in preventive healthcare, pay tribute to our nurses and educators, and reaffirm our belief that education and health are not privileges — they are fundamental rights.

Thank you for being part of this journey. Warm regards,

Alokananda Chatterjee

CEO, E&H Foundation

COMPREHENSIVE PREVENTIVE HEALTHCARE PROGRAM



At E&H Foundation, we're turning our belief in accessible healthcare into tangible reality through our Comprehensive Preventive Healthcare Program, currently active in Farrukhabad, Uttar Pradesh.

With over 45 health camps conducted, we have reached more than 4,238 individuals in rural communities — providing vital services including general health check-ups, eye and dental care, health awareness and preventive care counselling, and support in accessing Government Health Schemes such as Ayushman Bharat, PM-JAY, Pradhan Mantri Jeevan Jyoti Bima Yojana, and Pradhan Mantri Suraksha Bima Yojana.

Our focus is on ensuring gender-inclusive healthcare, particularly for children, adolescent girls, women, men folk, and the elderly.

"This is not just an intervention — it is a movement to transform lives."

HONORING HEALTHCARE HEROES: INTERNATIONAL NURSES DAY (12 MAY 2025)

This International Nurses Day, we proudly celebrated the dedication and compassion of nurses — the heart of our healthcare system. Their commitment has been the cornerstone of our success in Farrukhabad and Shamshabad, where they've touched thousands of lives through our preventive health camps.

45 camps were conducted with the active participation of trained nurses, reaching 4,238 beneficiaries across multiple rural blocks, with a focus on basic health assessments, dental and eye care, and health education.

"Their compassion, resilience, and dedication inspire us all to strive for a healthier, more equitable world."



FESTIVAL CELEBRATIONS



Celebrating a Tapestry of Traditions!



Celebrating India's Cultural Diversity — Festivals of Unity (13 April 2025)

From the golden fields of Punjab to the serene backwaters of Kerala, India's New Year festivities remind us of our unity in diversity. As we celebrated Baisakhi, Vishu, Puthandu, Pohela Boishakh, Bohag Bihu, and Pana Sankranti, we embraced the rich cultural mosaic that defines our nation.

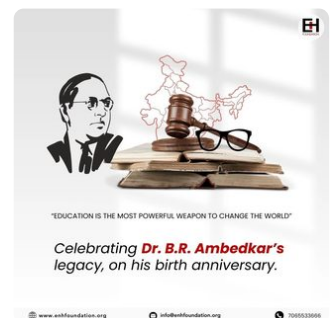
Each festival symbolizes renewal, community, and gratitude — values that resonate deeply with our mission at E&H Foundation.

"May these collective celebrations bring happiness, growth, prosperity, and good health to everyone."

Tribute to Dr. B.R. Ambedkar (14 April 2025)

On Dr. B.R. Ambedkar's birth anniversary, we reflected on his vision for education as the greatest equalizer. His fight for inclusive education continues to inspire our work in enabling equal learning opportunities for every child in Uttar Pradesh's underserved regions.

"Because every child deserves a classroom, not barriers. Because knowledge is freedom."





Baisakhi: Harvesting Hope and Education (13 April 2025)

This Baisakhi, as communities rejoiced in the harvest, E&H Foundation reaffirmed its commitment to nurturing the future harvest of India — its children. We're working to ensure that every child in rural Uttar Pradesh has access to quality education and healthcare.

Your continued support helps us bring new growth, knowledge, and opportunities to thousands of young lives.

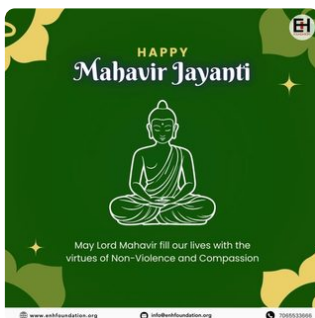
"Together, we can harvest the fruits of education and health for generations to come."

Ram Navami Reflections: Lighting the Path of Service (6 April 2025)

Inspired by the wisdom of Lord Rama, we reaffirmed our mission to build a compassionate and equitable society through education and healthcare. In this quarter, our initiatives across multiple blocks of Uttar Pradesh expanded health check-up coverage to rural communities, strengthened partnerships for school health awareness programs, and deepened focus on women's health and adolescent well-being.



"Let us renew our dedication to ensuring that every family can achieve their full potential."



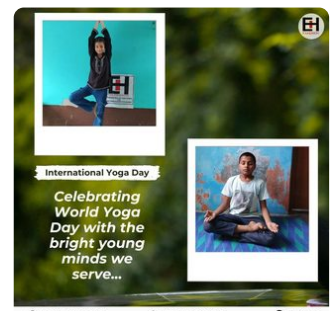
Mahavir Jayanti: Guided by Compassion and Non-Violence (10 April 2025)

On Mahavir Jayanti, we celebrated the timeless values of compassion, non-violence, and service — principles that guide our work daily. Through our programs, we strive to serve humanity with empathy and selflessness, honoring the ideals of Lord Mahavir in every act of care and support.

World Yoga Day: Stretching Towards Balance (21 June 2025)

On World Yoga Day, our children came together to explore the joy of yoga — learning how simple stretches and mindful breathing build confidence and inner peace. At E&H Foundation, we nurture not just young minds but balanced beings — encouraging well-being inside and out.

"From playful poses to peaceful moments, it was more than movement — it was a celebration of focus, fun, and feeling good."



Celebrating Fatherhood: Strength, Support, and Hope (15 June 2025)

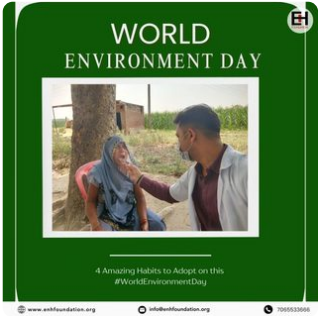
Behind every dream, every ambition, and every success story stands the quiet strength of a father or father figure. This Father's Day, we celebrated those who work tirelessly to ensure their children can learn, grow, and thrive.

"Your resilience and perseverance shape the futures of generations to come."

Serving People and the Planet: Our Commitment to Sustainability (5 June 2025)

At E&H Foundation, we believe in serving both people and the planet. From delivering preventive healthcare in rural communities to promoting eco-friendly practices, our mission extends to protecting natural resources and advocating sustainable choices.

Together, we're building a world where human well-being and environmental health go hand in hand.



IMPACT HIGHLIGHTS: APRIL–JUNE 2025

45	4,238	2
Health Camps Conducted	Beneficiaries Reached	Districts Covered
Initiative	Key Impact	
Preventive Health Camps	45 camps conducted	
Beneficiaries Reached	4,238 individuals	
Districts Covered	Farrukhabad, Shamshabad	

EDUCATION PROGRAM HIGHLIGHTS

Under our Education Program, we successfully enrolled **738 students** in nearby government schools, re-enrolled **24 previously dropped-out students**, conducted awareness rallies in **20 villages** promoting regular attendance, and supported **687 students** through the Vidhya Dhan Scholarship Program.

CASE STORIES

Bhawarsingh — Healthcare (Pilkhana village, Nawabganj)

Bhawarsingh had been facing serious health challenges for a long time. Due to poor eyesight, he struggled to walk and manage his daily activities. His situation changed when he learned about a free health camp organized through an awareness campaign. At the camp, he underwent a comprehensive check-up including tests for blood pressure, blood sugar, and an eye examination. The doctors found that his near vision was weak and his blood pressure was high. They advised him to get glasses and monitor his BP regularly. Grateful for the support, he now takes better care of his health and encourages others to attend such camps.

Alfisha — Education (Ghatiyapur, Class 5)

Alfisha used to struggle with her studies, especially in Hindi and Math. After attending a free tutoring session at the E&H Foundation Peer class, the teachers explained everything patiently. Gradually, Alfisha began to understand the lessons better and her confidence grew. Now she has improved significantly in Hindi and Math, and she enjoys studying more than before.

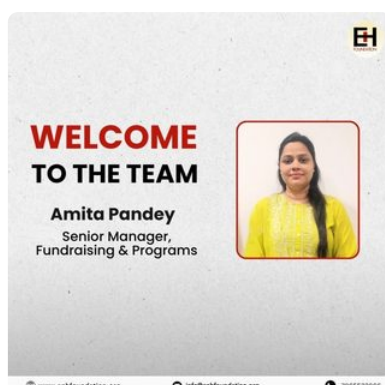
Principal Praveen Yadav, A.K. Inter College, Guriya

"A free health camp was organized at our school for students and teachers, including checkups for eyes, dental health, and blood pressure. I sincerely thank the Swasthya Bhi Bhag team for their valuable support."

Naeem, Sikander Pur

"My father passed away, which caused me to leave my studies. Later, a teacher at GyanShala encouraged me: 'Come to GyanShala, we will provide you free education.' Now I am studying at GyanShala, and I aspire to become a teacher so that I can teach others for free."

NEW TEAM MEMBERS



Amita Pandey — Senior Manager, Fundraising & Programs

Amita Pandey joined the E&H Foundation on 16 June 2025 as Senior Manager — Fundraising and Programs. An experienced Public Health professional with over 9 years of expertise in RMNCH+A, Amita has demonstrated proficiency in developing, implementing, and managing comprehensive health programs.

She holds a B.Sc. from D.D.U University, Gorakhpur, an M.Sc. in Community Medicine and Public Health from Lucknow University, and additional certifications in First Aid and Database Management.



Farah

Optometrist, Shamsabad

Farah joined E&H Foundation this quarter with a qualification in Optometry and was onboarded on 3 May 2025. She is currently working at the Shamsabad location as an Optometrist. We welcome her and look forward to her meaningful contributions.



Sadaf Naaz

Optometrist, Nawabganj

Sadaf Naaz joined E&H Foundation this quarter with a Diploma in Optometry and was onboarded on 3 May 2025. She is currently working at the Nawabganj location as an Optometrist. We are delighted to welcome her and look forward to her valuable contributions.



Dr. Rahul Kumar

Dental Consultant, Nawabganj

Dr. Rahul Kumar joined E&H Foundation this quarter with a Bachelor of Dental Surgery (BDS) degree and was onboarded on 3 May 2025. He is working at the Nawabganj location as a Dental Consultant. We are pleased to welcome him and his expertise.

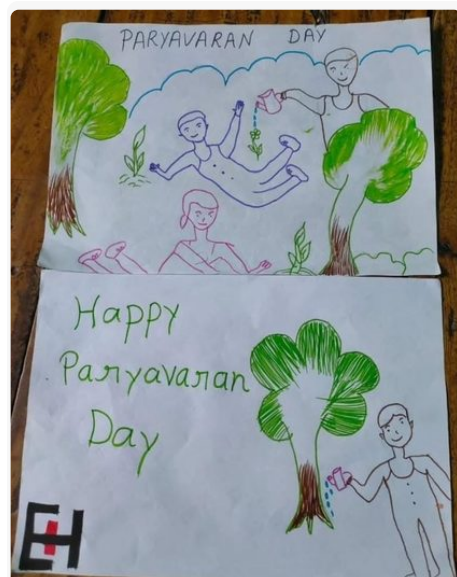
WAY FORWARD

In the next quarter (July–September 2025), the E&H Foundation aims to conduct **100 outreach camps** and reach approximately **1,200 beneficiaries**. These initiatives will continue to support our mission of improving access to quality healthcare and education.

During this period, we will also celebrate 'Poshan Maah' and launch the **Ageas Federal Health Program**, further strengthening our commitment to promoting health and well-being among the underserved.

CREATIVE CORNER

Students of the E&H Foundation showcased their artistic talents through various creative works — beautiful drawings and paintings celebrating different festivals and special occasions.



SUPPORT OUR CAMPAIGNS

Both campaigns are live — your support directly funds healthcare and education for the communities we serve.

• LIVE Healthcare Campaign

"Because illness should never be a life sentence"

[Donate Now](#)

• LIVE Education Campaign

"Don't let their story end here"

[Donate Now](#)

Support Our Mission

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CONNECT WITH US

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